## OPRYD RECREATION CENTER GROUP BOATING REQUEST

Type of Activity				_to
Pedal Boat or Kayak	Day of the Week	Date	Time-Start	End <sup>1</sup>
Recreation Center				
			# Participants	Ages <sup>2</sup>
Contact Person				
Name		Phone	e-mail	
Boating Trained Staff Member(s) <sup>3</sup>				
Are Youth Enrolled in a Paid OPR program	n?Yes _	No <sup>4</sup>		
Comments				
For Boating Center Use Only:				
Approved By Date		Perfect Mind	Activity #	
Comments				
☐ Enrolled Into Perfect Mind Activity by _	on	1	PM Transition # _	

- 1 Most sessions are about 1 ½ hours including a safety talk, getting into lifejackets, and going boating.
- 2 We recommend ages 7 and up.
- 3 Recreation Centers are required to have staff who have completed the Boating Training. The trained staff gives the safety talk, help the youth into lifejackets, demo how to enter and exit and use boats, help youth into and out of the boats, and accompany their groups out on the water. Boating staff may assist if they have time. Youth ratios are 1 trained staff: 15 youth for Pedal Boating and 1 trained staff: 7 boats for Kayaking (7-14 youth depending on use of singles or doubles).
- **4** A Perfect Mind roster of participants will need to be provided to the boating center staff before boating. Please write in your staff names as well. If youth are not enrolled in a Paid OPRYD program, standard boat rental rates apply.

Return to: Gabriel Gipson ggipson@oaklandca.gov or Fax 510-238-7199

## **Safety Talk for Rec Center Staff:**

In order to keep everyone safe we must follow the safety rules of the boat house.

- 1. No running or horseplay; there is a lot of activity around here and lots of things to trip on.
- 2. No splashing, the lake is a brackish lake meaning it's a mixture of salt and fresh water; you don't want it in your eyes!
- 3. Wait for an adult to get you into and out of boats, this is when most accidents happen.
- 4. No standing up in boats, switching seats, or bumper boats; this prevents capsizing.
- 5. If you capsize; you must stay with your boat, stay calm, and wave a free hand in the air for help.
- 6. We must wear lifejackets the whole time we are on the docks and on the water; they help us float!
- 7. STAY WITH THE GROUP!